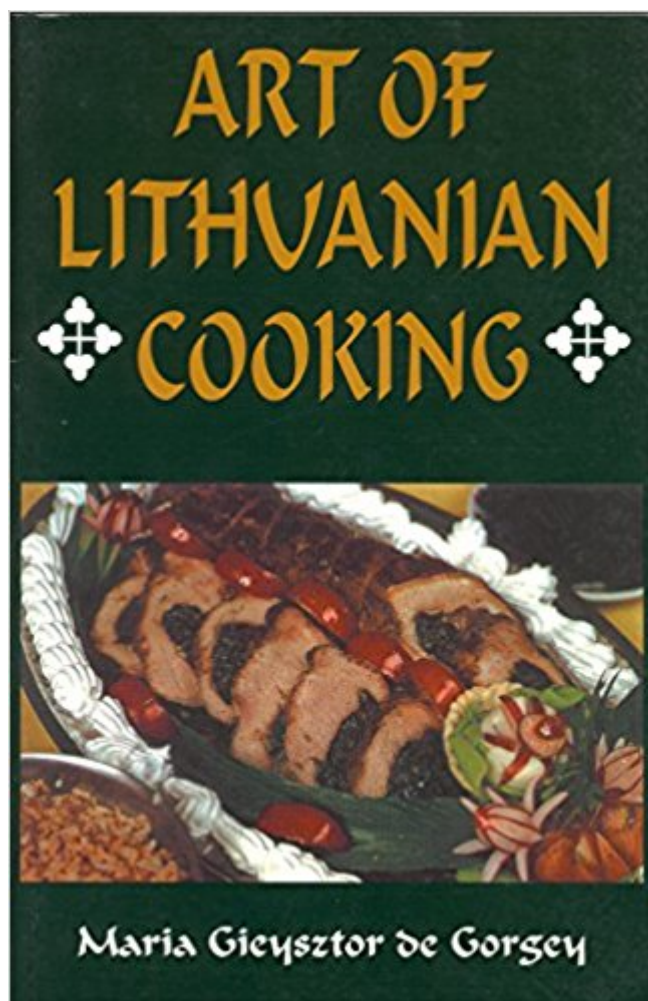


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# Art Of Lithuanian Cooking



## Synopsis

"Art of Lithuanian Cooking is a culinary showcase of palate-pleasing regional delights." --The Midwest Book Review "Here is a collection of Lithuanian recipes that will be welcome on any table." --The International Cookbook Revue This favorite Hippocrene cookbook includes over 150 authentic Lithuanian recipes such as "Fresh Cucumber Soup," "Lithuanian Meat Pockets," "Hunter's Stew," "Potato Zeppelins," as well as delicacies like "Homemade Honey Liqueur," and "Easter Gypsy Cake." The author's introduction and easy step-by-step directions ensure that even novice cooks can create authentic, delicious Lithuanian recipes.

## Book Information

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## Customer Reviews

Although I did not find this book to be as authentically Lithuanian as Isabelle Sinkeviciute's book [A Lithuanian Cookery](#), I did find it rather worthwhile. I am a first generation Lithuanian-American, born in Detroit, Michigan, who grew up eating the food of her Lithuanian born mother and father. The author of this book does not have a typical Lithuanian name, described on the back cover, as coming from a "prominent Polish-Lithuanian family". She is also the author of [A Treasury of Polish Cuisine: Traditional Recipes in Polish and English](#) (Hippocrene Bilingual Cookbooks). I believe, therefore, that some of the recipes in this book may have more of a Polish cooking influence than other Lithuanian cookbooks. She does include in this book, however, some very traditional Lithuanian recipes such as Potato Zeppelins (Cepelinai), Cranberry Pudding (Kisielis), Honey Liqueur (Krupnikas), Lithuanian Meat Pockets (Lietuviski Koldunai) Cold Summer Beet Soup (Salti Barsciai) and Potato Pudding (Kugelis). The recipes are very clearly written and easy to use. There are sections on Appetizers and Breads, Soups, Vegetables and Salad, Aspics,

Garnishes & Sauces, Meat Dishes, Poultry & Game Dishes, Fish, Pancakes, Noodle Dishes, Dumplings & Egg Dishes, Cakes & Desserts, Drinks & Cocktails. As you can see, it is rather comprehensive. I would very much recommend it.

This book is not great, particularly if you are new to Lithuanian cooking. There are no pictures whatsoever and the directions are very brief. If you didn't know what you were trying to produce it would be difficult to successfully follow a recipe. Even accepting that traditional dishes can vary from cook to cook, some of the recipes are way off. The recipe for Christmas Eve biscuits does not contain any poppyseeds, which are essential. The *Šaltibarščiai* (cold beet soup) recipe uses prepared borscht (with beef) as a base and contains chicken or beef broth. It suggests toppings of ham, veal or cooked shrimp. Living in Lithuania I have never seen anyone prepare *Šaltibarščiai* this way. It is always completely vegetarian. All that said, the book does contain a large number of recipes and reading it would give those new to Lithuanian cooking an overview of the style of food eaten here.

This is a nice little cookbook, but not exactly what I had hoped for. I was hoping to find the recipes my Grandma made for me when I was a little kid but they weren't in the book. I'll keep the cookbook anyway and add it to my cookbook collection.

Okay, my family is Lithuanian on my Dads side. As I grew up for the most part away from them, I missed out on sampling all the yumminess over the years. This cookbook is killer! You want Krupnikas (Boilo)? Yup it's in here. You want Halupkies, yup it's in here too and just as good as your Grandma's or Great Aunties. If your blood stream craves bacon, sour cream, and spuds, you will be in Heaven! BUY THIS BOOK AND GET YOUR GRUB ON!

Missing some basic and most loved potatoe recipes such as potatoe pancakes as well as the most exotic tortas which is the Napoleonas. This book represent American Lithuanian cooking and not the authentic recipes. Too bad.

Interesting recipes. I haven't made anything yet.

Despite being a small nation, Lithuania has excellent food. It is more of a personal bias since I am Lithuanian, Kugela is my favorite.

It's in English and it's got hard to find recipes, if there was another Lithuanian cook book to compare it to I would but there's not (that I've found) so it's the best there is.

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